

MS SHIRLEY MENU WEEK 5

JANUARY 23rd -27th 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Peaches Milk	Waffles Pears Milk	Oatmeal Banana Milk	Bagel Banana Milk	Breakfast Bar Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Yellow Rice Peas Diced Carrots Milk	Bean Burrito B. Apples Green Beans Milk	Chicken Sandwich Tater Tots Peaches Milk	Taco Pie w/ Ground Beef Broccoli Cauliflower Milk	Turkey Sandwich on w/w Bread Carrot Sticks D. Pears Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese Crackers Milk	Chex Mix Banana Water	Graham Cracker Cantaloupe Water	Wheat Thins Carrot Sticks Water	Animal Crackers & Yogurt Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Crackers Applesauce Water	½ Peanut Butter Sandwich on w/w Bread Water	Chex Mix Mixed Fruit Water	Peanut Butter Crackers Milk	Goldfish Crackers Mixed Fruit Water