

# MS SHIRLEY MENU WEEK 5

OCTOBER 11<sup>th</sup> -15<sup>th</sup> 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cheerios Pineapple Milk	Waffles w/preserves Peaches Milk	Mini Bagel w/Cream Cheese Banana Milk	English Muffin w/Peanut butter Banana Milk	Sausage Biscuit Banana Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken & Egg Noodle Broccoli Cauliflower Milk	Red Beans &Rice Corn Sliced Tomatoes Milk	Turkey on w/w Bread Green Beans Watermelon Milk	Beef Stroganoff w/ Egg Noodles Carrots Peas Milk	Sloppy Joe w/ Ground Turkey Coleslaw Baked Beans Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Pineapple Graham Cracker Water	Animal Crackers Banana Water	Cheese Crackers Tomato Wedges Water	Cheerios Milk	Wheat Thins Cheese Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Pop Tarts Milk	Crackers Cheese Water	½ Peanut Butter and jelly Sand Water	Animal Crackers Banana Water	Graham Cracker Applesauce Water