

SHIRLEY'S MENU WEEK 4

April 19th-23rd 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes w/ Preserves Diced Peaches Milk	Cheerios Cereal Diced Peaches Milk	English Muffin w/ Cheese Pineapple Milk	Cheerios Cereal Oatmeal Pineapple Milk	Sausage Biscuit Cantaloupe Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Dumplings Broccoli Cauliflower Milk	Turkey & Stuffing Corn Green Beans Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Cheese Pizza on English Muffin Carrot Sticks Sliced Tomatoes Milk	Ham & Cheese Sandwich Carrot Sticks Cantaloupe Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Ritz Crackers Cheese Slices Water	Graham Cracker Pineapple Water	Pretzel Applesauce Water	Peanut Butter Crackers Milk	Wheat Thins Oranges Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Graham Crackers Applesauce Water	Cheese and Crackers Water	Cereal Milk	Chees-its Mixed Fruit Water	Triscuit Deli Egg Water