

SHIRLEY'S MENU WEEK 4

AUGUST 10th -14th 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Cereal Banana Milk	Oatmeal Diced Peaches Milk	English Muffin w/ Cheese Pineapple Milk	Pancakes w/ Preserves Pineapple Milk	Sausage Biscuit Cantaloupe Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Dumplings Broccoli Cauliflower Milk	Turkey & Stuffing Corn Green Beans Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Cheese Pizza on English Muffin Carrot Sticks Sliced Tomatoes Milk	Ground Beef with Cheesy Noodles Green Beans Cantaloupe Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Graham Cracker Banana Water	Goldfish Crackers Watermelon Water	Pretzel Applesauce Water	Peanut Butter Crackers Milk	Snack Crackers Oranges Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Triscuit Deli Egg Water	Cheese and Crackers Water	Graham Cracker Peanut Butter Water	Animal Cracker Mixed Fruit Water	½ Turkey Sandwich Water