

SHIRLEY'S MENU WEEK 4

JANUARY 25th-29th 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles D. Pears Milk	Cheerios Peaches Milk	Biscuit and Gravy Pineapple Milk	Oatmeal Cantaloupe Milk	English Muffin Cantaloupe Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Dumplings Broccoli Cauliflower Milk	Cheese Pizza on English Muffin Carrot Stick Sliced Tomatoes Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetable Milk	Turkey & Stuffing Corn Peas Milk	Ham and cheese Sandwich Tater Tots Green Beans Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Ritz Crackers Cheese Slices Water	Graham Crackers Pineapple Water	Pretzels Applesauce Water	Peanut Butter Crackers Milk	Wheat Thins Carrot Sticks Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Cookies Juice	Cheese Crackers Water	Cereal Milk	Graham Cracker Mixed Fruit Water	Ham Sandwich Water