

SHIRLEY'S MENU WEEK 4

SEPTEMBER 21st-25th 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Peaches Milk	Cheerios Diced Peaches Milk	Blueberry Muffin Banana Milk	Pancakes Banana Milk	Biscuit and Gravy Banana
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Dumplings Broccoli Cauliflower Milk	Turkey & Stuffing Corn Peas Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Cheese Pizza on English Muffin Carrot Sticks Broccoli Milk	Turkey and cheese Croissant Broccoli Carrot Stick Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Goldfish Crackers Watermelon Water	Blueberry Muffin Banana Water	Animal Crackers Applesauce Water	Peanut Butter Crackers Milk	Ritz Crackers Cheese Slices Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Triscuit Deli Egg Water	Cheese Crackers Water	Cereal Milk	Cheese-its Mixed Fruit Water	Cookies Applesauce Water