## MS SHIRLEY MENU WEEK 3

## APRIL 12<sup>th</sup> - 16<sup>th</sup> 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios cereal Pineapple Milk	Biscuits & Gravy Diced Pears Milk	Mini Bagel w/ Cream Cheese Banana Milk	Waffles w/ preserves Banana Milk	Boiled Egg Grits Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken & Egg Noodle	Hamburger on Bun	Fish Shapes Mixed	Baked Ziti w/ Ground Turkey Tossed	Broccoli & Cheese Quiche Watermelon
Peas Diced Carrots Milk	Baked Apples Green Beans Milk	Vegetables Mashed Potato Milk	Romaine Tomato Wedges Milk	Carrot Sticks Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Cheese Its	Chex Mix Banana	Wheat Thins	Triscuits	Ritz Crackers
Milk	Water	Carrot Sticks Water	Apples	Cheese Slices
		vvaler	Water	Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Animal Crackers Orange Wedge Water	Cookie Milk	Saltine Cheese Wedges Water	Yogurt Graham Cracker Water	Cheese-its Juice