

# Ms. Shirley Menu Week 3

DECEMBER 7<sup>th</sup>- 11<sup>th</sup> 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Cheerios Pineapple Milk	Biscuits & Gravy Pineapple Milk	Waffles w/ preserves Banana Milk	English Muffin w/ Peanut Butter Banana Milk	Sausage Biscuit Banana Milk
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Chicken & Egg Noodle Peas Diced Carrots Milk	Hamburger on Bun Green Beans Baked Apples Milk	Fish Shapes Sliced Tomatoes Mashed Potato Milk	Broccoli & Cheese Quiche Watermelon Broccoli Milk	Baked Ziti w/ Ground Turkey Watermelon Sweet Potatoes Milk
<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>	<b>AFT. SNACK</b>
Yogurt  Pretzels  Water	Wheat Thins  Diced Pears Water	Chex Mix  Banana  Water	Triscuits Applesauce Water	Ritz Crackers Cheese Slices Water
<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>	<b>5:15 SNACK</b>
Apple Sauce Graham Cracker Water	½ Peanut Butter and Jelly Sand Water	Yogurt Cookie Water	Cheese and Crackers Water	Wheat Thins Mixed Fruit Water