

MS SHIRLEY MENU WEEK 2

OCTOBER 19th -23rd 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cheerios Cereal Pineapple Milk	Pancakes w/ preserves Pineapple Milk	Sausage Biscuit Banana Milk	Oatmeal Banana Milk	Mini Bagel Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Nuggets Mashed Potato Peas Milk	Bean Burrito Diced Carrots Green Beans Milk	Tuna Sandwich on w/w Bread Cole Slaw Tater Tots Milk	Shepherd's Pie w/ Ground Beef Mandarin Oranges Biscuit Milk	Sloppy Joe w/ Ground Turkey Coleslaw Baked Beans Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Saltine Crackers Turkey Slices Water	Chex Mix Banana Water	Animal Crackers Applesauce Water	Cheese Crackers Tomato Wedge Water	Wheat Thins Cheese Slice Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Cheese Crackers Milk	Cheese Saltines Water	Cookies Apples Water	½ Tuna Salad Sandwich Water	Cheese-its Mixed Fruit Water