

MS SHIRLEY MENU WEEK 2

JANUARY 24th – 28th 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Mini Bagel w/ Peanut Butter Peaches Milk	Cheerios Diced Pears Milk	Pancakes w/preserves Pineapple Milk	Oatmeal Melon Milk	Sausage Biscuit Hash Browns Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes Mashed Potatoes Green Beans Milk	Baked Ziti w/Ground Turkey Mixed Vegetables Tossed Romaine Milk	Chicken Alfredo Broccoli Diced Carrots Milk	Meatloaf Biscuit Mashed Potatoes Stewed Tomato Milk	Turkey & Cheese Sandwich Carrot Sticks Melon Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Graham Crackers Pineapple Water	Cheese Ritz Crackers Water	Cheerios Milk	Cheese Its Carrot Sticks Water	Applesauce Animal Crackers Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
½ Peanut Butter and Jelly Sand Water	Chips Salsa Water	Animal Crackers Mixed Fruit Water	Ritz Crackers Cheese Water	Cereal Milk