

MS SHIRLEY MENU WEEK 1

MARCH 20th-24th 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Bagel w/ Cream Cheese Peaches Milk	Cheerios Pineapple Milk	English Muffin Banana Milk	Waffles Banana Milk	Biscuit & Jelly Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes Diced Carrots Mashed Potatoes Milk	Turkey & Stuffing Peas Corn Milk	Chicken Fettucine Alfredo Cauliflower Broccoli Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Ham Sandwich on w/w bread Melon Green Beans Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Ritz Crackers & Cheese Water	Graham Crackers Banana Water	Wheat Thins Oranges Water	Peanut Butter Crackers Milk	Cheese-It Crackers Melon Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Pretzels Applesauce Water	Peanut Butter & Jelly Sandwich Water	Graham Crackers & Yogurt Water	Animal Crackers ½ Banana Water	Cheese & Crackers Water