

MS SHIRLEY MENU WEEK 1

SEPTEMBER 26th-30th 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Bagel w/ Peanut Butter Peaches Milk	Cheerios Pineapple Milk	Oatmeal Banana Milk	Waffles Banana Milk	Biscuit & Gravy Banana Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Fish Shapes Diced Carrots Mashed Potatoes Milk	Turkey & Stuffing Peas Corn Milk	Chicken Fettucine Alfredo Cauliflower Broccoli Milk	Spaghetti w/ Ground Beef Tossed Romaine Mixed Vegetables Milk	Egg Salad Sandwich on w/w bread Melon Green Beans Milk
AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK	AFT. SNACK
Ritz Crackers & Cheese Water	Graham Crackers Banana Water	Wheat Thins Oranges Water	Cheese Crackers Milk	Cheez-it Crackers Melon Water
5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK	5:15 SNACK
Cheese-its Mixed Fruit Water	Cereal Milk	Graham Crackers & Yogurt Water	Animal Crackers Banana Water	Cheese & Crackers Water