

#### Everyday Ways to Show Your Child You Care #TEACHABLEMOMENTS Www.childrensmovementflorida.org

- Hug them, kiss them, and say "I love you" every day, no matter what. Kids thrive on it and it's a daily fix we all need no matter what our age. Creating a secret word, sign, or gesture of affection that only you and your child share.
- Let them help you, even if it takes you much longer. Including them will make them feel needed.
- Give them your full attention when they are speaking to you. This will make them feel important.
- Sing to them or with them, even if you don't have the best singing voice.
- Play with them! Whether it be make believe, or building a fort, spending time together is important.
- Apologize to your child when you have made a mistake. This will show them that you respect them.

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Please check Brightwheel every day. There is important information there! Also, make sure your child always has a change of clothes and/or diapers/pull-ups, if necessary. Thank You!

### Caterpillars/Buttercup Butterflies



Now that we are all done with our back to school introduction to friends and family, the babies will be learning fun arts and crafts, colors, numbers and shapes, using their tiny fingers this month.

The Buttercups have been welcoming new friends and exploring new toys. These next few weeks, we will be exploring colors, using the popular book <u>Brown Bear</u> by Eric Carle as our guide.

## **Pixie Butterflies**

-Meme, Ms. Stacey & Ms. Brittany

Hello Pixie families! For the month of September, the Pixies will learn about different colors. They will focus on one color per week. Pixies will also begin to create their <u>Brown Bear</u> book. We look forward to a colorful new month! - Ms. Vanessa & Ms. Tiara





Julia Butterflies

Hi Parents! In the month of September we will continue Building our Classroom Community. We will encourage our students to continue to follow the classroom rules and expectations as we explore new projects and activities together. After wrapping up the building of our strong school family foundation, in the middle of September we will move into a study of exercise. This study will increase our students awareness and ability to stay active throughout the day at school and at home.

### -Ms. China & Ms. Keyanni

We have had a lot of fun exploring our classroom centers and learning the schedule and rules. This month we will continue to build our classroom community and explore how to make and keep friends. After we finish this study we will start a study all about pets and learn all about how to take care of them. We look forward to a wonderful month of September.





Ms. Vanessa's 4 Year Anniversary—September 23rd Ms. Shirley's 20 Year Anniversary—September 25th Ms. Destinee's Birthday—September 27th

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- Rather then compare them to another child, reinforce how special they are, and that there is no one else like them.
- Ask them about themselves, this will show them that you have an interest in who they are.
- Celebrate special days with them with surprises and praise. Make sure they know how much they mean to you..
- Let your child overhear you tell someone a compliment about them. This will make them feel proud.
- Teach children to think positive by being positive. Instead of noting how dirty they are when they come in for dinner, say, "Looks like you had a great time!" or Instead of saying, "You're doing it wrong," when your child makes a mistake, try saying "Why don't you try it this way."
- Tell them how wonderful it is being their parent and how much you like the way they're growing up.

# Sponge Painted Apple

Trade in your paintbrush for a sponge!

#### What you will need:

- Paper Plate
- Red or Green Paint
- Sponge
- Brown & Green Paper
- Glue
- Scissors
- 1. Give your child a sponge paintbrush and either red or green paint.
- 2. Dab the sponge into the paint and then onto the paper plate.
- 3. Repeat the process until the paper plate is covered. Allow to dry.
- 4. Cut a stem from the brown paper and a leaf from the green paper and glue onto the front of the paper plate.

#### EXTEND THE ACTIVITY

- Cut open an apple and explore the parts of an apple
- Eat an apple snack
- Read books about apples

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Mission: The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision: The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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