



Parents Are Models

Parents are the most important people in their children's lives. Children want to be like their parents and do what their parents do. Parents are also the most important teachers for their children. Children learn the most from their parents.

Children learn things that their parents try to teach them, such as how to count numbers. Children also learn things just by watching their parents and copying what they do. In this way, children sometimes learn things that their parents don't mean to teach them!

Children notice every little thing. They watch their parents constantly. They learn good and bad behaviors by watching and listening and imitating.

Sometimes, parents accidentally do things in front of their children that they don't want their children to do. This especially happens when parents are ANGRY.

- Parents who yell at each other when they are angry teach their children to yell when they are angry with their parents.
- Parents who swear when they are frustrated teach their children to swear when frustrated.
- Parents who hit each other when they fight, teach their children to hit each other. It is very confusing for children to watch their parents behave in a certain way, such as swearing when frustrated, and then to be punished for swearing when they are frustrated.

Parents are models for their child. They are the child's example of how to act in different situations. Children learn to behave like their parents.

HOW CAN YOU AVOID BEING A MODEL FOR BEHAVIOR YOU DON'T WANT YOUR CHILD TO LEARN?

Most of children's "bad" behavior is modeled when parents are angry. If you deal with your anger with behaviors that you don't want your child to do, do not let your child see those behaviors. Until you find other ways to deal with your feelings, leave the presence of your child when yelling, swearing, or hitting.

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Please check Brightwheel every day. There is important information there! Also, make sure your child always has a change of clothes and/or diapers/pull-ups, if necessary. Thank You!

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Caterpillars/Buttercup Butterflies



Wow! What colorful fun we've been having. Tasting sweet red peppers and turning sour lemons into lemonade. Catching yellow ducks in nets from our sensory bin and rolling blue balls down tubes. Exploring colors using all our senses makes learning fun. Looking forward to exploring pumpkins and finding out what's inside. Have a fun and safe Holiday

-Ms. Natalie, Ms. Stacey & Ms. Bailey

Pixie Butterflies

Hello Pixie families! For the month of November Pixies will finish up their Brown Bear book! These books will help promote color recognition within their home! We know they are eager to share this book with you! Pixies will also participate in a variety of fall activities! We look forward to an exciting new month!

- Ms. Vanessa & Ms. Ally



Elf Butterflies



Thank you for meeting with us this past month for parent teacher conferences. We love learning more about your children and how we can work together to be successful. We have had fun with our first curriculum exercise theme. We will continue to learn more about keeping our bodies healthy. We have played games like stop and go. Found different ways we can move our bodies. We are also continuing to learn those important problem solving skills, how to respond to our feelings, when things don't go the way we want them to. Our balloon, pretzel, drain and star breathing techniques also help us.

-Ms. Stephanie & Ms. Madison

Julia Butterflies

This month we will finish our pets study and start the clothes study! During this study we will learn where clothes are made and the different fabrics clothes are made from. We will also be working on spelling and writing our names! Please check your child's folder daily and make sure your child has weather appropriate clothes in their cubby in case of spills or accidents.

-Ms. Paige & Ms. Fallon





Ms. Natalie's Birthday—November 8th
 Ms. Bailey's 3 Year Anniversary— November 14th
 Ms. Crystals 7 Year Anniversary—November 19th
 Ms. Stephanie's Birthday—November 2th
 Ms. Lakishia's 9 Year Anniversary—November 28th

Parents Are Models ... continued

If you are angry with your child because of his or her misbehaviors, use the following steps:

- Recognize when you are becoming angry with your child, and leave the situation for 60 seconds.
- Remind yourself that you do not have to be angry to handle the problem. Your anger will actually make the situation harder to handle.
- Decide how you want to deal with the situation (For example, you might decide to take away playtime with friends for the next hour).
- Imagine yourself using the technique you chose in a calm manner.
- Return to your child and use the technique.
- Congratulate yourself for staying calm!
- When you are angry with your child's behavior, these are some helpful things to remember:
- You do not need to show anger to let your child know that you disapprove of her behavior -- showing disappointment is enough.
- Your child's misbehavior does not mean that you are a bad parent.
- Your child's misbehavior does not mean that he does not love you or respect you.

HOW CAN YOU USE MODELING TO TEACH YOUR CHILD GOOD BEHAVIORS?

Whenever your child is with you, remember that she will copy the things she sees you do and the things she hears you say.

If you use smiles and praises with your child, you are teaching him to use smiles and praises with you and with others. This helps your child get along better with his friends, his siblings, and with adults, like teachers and family members.

If you are unhappy with another adult or with your child, and you talk in a calm and rational manner, you are teaching your child to handle disagreements calmly and rationally. This helps your child get along better with others.

Bottle Cap Turkey Puppet

Here is a super simple and fun Turkey craft idea to make with your children for Thanksgiving. This cute puppet craft is made by re-using an empty milk bottle cap, feathers, and craft stick. In the end, it makes a great pretend play toy for the kids.

What you will need:

- Bottle Cap
- Popsicle Stick
- Craft Feathers
- Wiggly Eyes
- Paint Brush
- Cardstock Paper (yellow, red)
- Glue
- Brown Paint
- Paint Brush/Foam Brush



1. Paint the bottle cap with the brown paint and let it dry.
2. Glue the painted bottle cap to the one end of the popsicle stick.
3. On the same end but the opposite side of the popsicle stick, glue the feathers.
4. Glue the wiggly eyes on the cap.
5. Cut out the shape of the beak from the yellow cardstock paper and snood from the red cardstock paper. Glue them to the cap.



Super Supper

**Taco Pie w/
Ground
Chicken and
a Side of Fruit
Pick-up is
Friday,
November
12th.
\$5.00 each.**

**Pumpkin Pie
Pick-up
days are
November
19th, 22nd,
23rd and 24th.
\$3.00 each.**

**Payment is
due before
pick-up.**

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Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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