

## WHY ARE PEOPLE WEARING MASKS? By: Rebecca Parlakian www.pbs.org

Sometimes our toddlers ask us questions that are hard to answer — especially when we're not sure what the right answer is, like the situation many communities are facing with COVID-19. For young children, it's best to answer their questions simply in language they understand. If children ask about people wearing masks or other face coverings, parents can explain:

- Sometimes people wear masks when they are sick.
- When they are all better, they stop wearing the mask.
- Some people are wearing masks now as a way to prevent getting sick.

Sometimes children might ask follow-up questions, like the ones below. At this age, it's important to answer only the questions they ask. Avoid sharing additional information (about germs, what is contagious, etc.) that they can't understand yet because of their age. Some common follow-up questions (with some suggestions for how to answer!) might be:

### Q: Is the mask a costume?

A: No, sometimes people wear masks when they are sick. The mask just means they are not feeling well or they are trying to protect themselves from getting sick.

### Q: Can the person still talk?

A: Yes. The mask covers their mouth, but they can still talk. Just like if I put my hand over my mouth, I can still talk. (Then demonstrate.)

## Q: Are they scary or a "bad" person?

A: No. The mask covers up part of their face, but that doesn't mean they are scary or bad. They are wearing a mask because they are sick. That's all. When they are better, they will take the mask off.

### Q: Will I get sick?

A: Everybody gets sick sometimes. If you get sick, Mommy/Daddy will take care of you until you are all better. The doctors will help you, too.

Continued on page 3...

#### June 2020 Main Article Caterpillars/ Buttercup Butterflies Pixie Butterflies 2 Elf Butterflies 2 2 Julia **Butterflies** 3 Upcoming Important Dates Tic Tac Toe Stone Game

Please check your child's folder & Brightwheel every day. There is important information there! Also, make sure your child always has a change of clothes and/or diapers/pull-ups, June 2020 Page 2

# Caterpillars/Buttercup Butterflies



Summer is here and Caterpillars will be having water day on Wednesdays and Fridays while Buttercups will have water day on Monday, Wednesday and Friday. Please be sure to apply sunscreen and bug spray before your child arrives to school.

-Ms. Stacey, Ms. Shay, & Ms. Natalie

# Pixie Butterflies

During the month of June, we are going to continue introducing numbers to help with number recognition and encourage Pixies to count. Also we are starting our summer program that involves lots of fun activities. We will have water day Monday & Wednesday and will be doing a cook activity once a week while Fridays is our movie day. We are looking forward to a great month.



- Ms. Maria & Ms. Vanessa

# Clf Butterflies



Julia Butterflies

Families, we hope everything has been well as we are approaching the summer term. We will be participating in water day on Monday and Wednesdays, so please be sure to provide a swimsuit and towel with their name on it. Please apply sunscreen and bug spray before they arrive. Students will be introduced to a new study of pets and animals. Remember to sign up for the Zoom conference. Thank you!

-Mr. Steven & Ms. Jessica

Happy summer! We are very excited to start all of our summer fun this month. We will begin a cooking activity on Monday, water days on Tuesday and Thursday, movie day on Wednesday and geomotion movement fun on Fridays. We will need a swimsuit and towel with your child's name on it to stay at school and extra clothes in case of spills or accidents.



-Ms. Paige & Ms. Vicky

June 2020 Page 3

# JUNE EVENTS

Ms. Beryl's 6th Work Anniversary—June 10th Ms. Vicky's 5th Work Anniversary—June 15th Virtual Orange Blossom Jubilee—June 22-26th Ms. Naryha's Birthday—June 28th

# WHY ARE PEOPLE WEARING MASKS? continued...

If you live in a community where many people are wearing masks, your child may want to "pretend play" wearing a mask. This is very typical for young children! Pretend play is one way that children make sense of their world, by "trying on" the roles and people they see in the world around them. As a parent, you can decide how comfortable you are with this play theme. You might also suggest pretend play around medical roles — playing doctor or nurse with a teddy bear — to focus on how people take care of others when they are sick.

During stressful times, what children need most is you — a safe, secure relationship where they can express their feelings and questions. Here are some additional tips:

- Keep daily routines (nap time, bedtime) as consistent as possible for your child.
- Limit your child's exposure to media reports about COVID-19. Remember, your child is soaking in the tension you're feeling as you watch the news.
- Discuss your own questions/worries about COVID-19 when your child is out of earshot.
- Practice good hygiene to limit exposure to COVID-19.

June 2020 Page 4

# Tic Tac Toe Stone Game

Get closer to nature – collected some sticks and stones whilst out at the park or on the beach, then head home and get crafty! The lovely thing about this craft is, that it is easy to make and you can play with your finished stone

# Here's what you'll need:

- 8-10 stones (they don't have to be perfect shapes)
- Sticks
- Paint in yellow, red and black
- 1. Divide your stone into 2 piles and decide which way you want your stones to be "up".
- 2. Paint one half yellow and one half red. You may find that you will need two coats of paint. Let them dry.
- 3. Once dry, add details in black paint (yes, I painted the stripes for the kids!). You could use black markers too.

If you get tired of Tic Tac Toe then these bees and ladybugs are also BRILLIANT for a game of hide and seek (just remember where you hid them). Or take them to the park and hide them for other children to stumble across.





### Super Supper

Thin Crust Pizza with Side Salad-Payment is due Wednesday, June 10th and pick-up is Thursday, June 11th.

Baked Ziti with Side Salad-Payment is due Wednesday, June 24th and pick-up is Thursday, June 25th.

Feeds 1 adult and 2 children. \$5.00 each Sign-up at the front desk.

741 S. Pennsylvania Avenue Winter Park, FL 32789 Phone: 407.647.0505 reception@wpdaynursery.org





#### Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

#### Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and

Winter Park Day Nursery is a 501(c)(3) tax exempt organization.