



## Harvard Psychologists Say: Parents Who Raise ‘Good’ Kids, Do These 5 Things!

Today’s kids are largely affected by the technology around them, which has also changed the way they think, act and communicate. These new behaviors can be very challenging to parents, who did not grow up with this kind of technology. The parents are facing many challenges – one of these is definitely the fact, that nowadays children are brought up in different ways than their parents were in their childhood.

All the parents are asking themselves, if they are raising their kid in the right way. “Will my child become a successful person with ambition? Will they become a role model or a leader? Will they live a happy life?”

Psychologists from Harvard University have put together a list of elements that are suggested to be the key to raising a good and successful child in today’s world. Although these elements are quite simple, they are really important to remember.

1. **Spend Quality Time.** Be there. Not just physically, but emotionally. Play their favorite game, read them a book, ask them questions about their day.
2. **Become a Role Model.** Children learn from things they see and experience. Always admit your mistakes and apologize for them, talk about your problems and finding solutions, and find time to take care of yourself, only then you can take care of others.
3. **Teach Them Values.** It is important that your child communicates with others and learns to share at a young age. Teach them every day to be kind and make them take responsibility for their actions and stick to their commitments.
4. **Teach Them Gratitude.** Teach them to appreciate people and things in their life. Remind your child to be grateful in every day life. Teach them to show respect and appreciation for people in their lives.
5. **Show Them The Bigger Picture.** Children should learn to zoom in and listen closely to those, who are part of their inner circle, but also to zoom out and take in consideration the wider range of people they interact with on a daily basis. Teach your child empathy and not to have prejudices; to show kindness.

June 2017

### Special points of Interest

- ✦ Raising Good Kids
- ✦ Classroom updates
- ✦ Employee of the Month
- ✦ Watermelon Suncatchers

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Please check your child’s parent folder every day. There is important information there! Also, make sure your child always has a change of clothes and pull-ups, if necessary. Thank You!

## Pixie Butterflies

Pixies are getting excited as summer approaches and water days begin. We are finishing up our number theme and jumping into the worlds of dinosaurs, farm life, pirates, and more. We are also looking forward to Ms. Stacey's return!

**-Ms. Stephanie**



## Elf Butterflies



We welcome summer officially this month. "Water Days" will be on Mondays, Wednesdays, and Fridays beginning June 12th. Please bring swimwear and a towel for your child. We will continue to review the letters of the alphabet and strive to be proficient at recognizing and counting the numbers 1 to 5. Happy Father's Day! You are very special!

**-Ms. Beryl, Ms. Britney, & Ms. Jessica**

## Julia Butterflies

Welcome to our class! We are planning lots of fun activities and specials throughout the summer. We will begin water day on Thursday, June 15th. Please be sure to provide your child with a bathing suit, towel, and sunscreen labeled with their name. We are looking forward to a fun summer!

**-Ms. Vicky & Ms. Jazzy**



## Buttercup Butterflies



Welcome to summer in the Buttercup class! Ms. Paige and Ms. Jasmine are excited for our water day on Tuesdays, movie day on Wednesdays, and afternoon specials throughout the week such as P.E., Art, and Science! We hope you are as excited as we are!

**-Ms. Paige & Ms. Jasmine**

## Employee of the Month

### **Ms. Shirley**



Ms. Shirley has been working at WPDN for nearly 15 years. Shirley is an invaluable member of our team. Her ability to prepare, cook and serve our children healthy, nutritious meals is vital to the success of our students. She strives to assure the meals our students eat here are well-balanced meals. Ms. Shirley also manages the entire Food Program, which is central to WPDN's success as a school and a non-profit organization. Her ability to manage the food budget down to cents of a dollar is one that is irreplaceable. We are so lucky to have Ms. Shirley on our team!

## **You Are Invited To Our Father's Day Root Beer Float Party!**

***Friday, June 16<sup>th</sup> 4:30PM to 5:30PM***  
*Fathers, Step-Dads, Uncles, Grandfathers and  
"Father Figures" are all invited to attend.*  
*Sign-Up located at the front desk.*



## Watermelon Suncatchers

One of my favorite things about summer is fresh, pink, juicy watermelons! Perhaps the epitome of summer picnics, parties, and cookouts would not be complete without them. Celebrate summer by creating adorable Paper Plate Watermelon Sun catchers with the kids. They require minimal supplies and look bright and cheery hanging on windows!

Here's what you'll need:  
 pink tissue paper (cut into 1 inch squares)  
 black tissue paper (cut into small circles)  
 white paper plates  
 adhesive clear laminate shelf liner  
 green paint and a paint brush  
 tape  
 Scissors

1. Cut the paper plate in half. Next, cut off the "plate" part leaving only the textured rim. Paint the bottom half of the textured rim green.
2. Next cut a small rectangle of clear shelf liner (enough to fit inside the space in your paper plate). Invite your child to cut small circles from the black tissue paper and place them directly onto the sticky side of the shelf liner.
3. Next, place small squares of pink tissue paper onto the sticky side of the shelf liner.
4. When the shelf liner is covered, cut another small rectangle (about the same size) and place it over the tissue paper. Trim any ragged ends.
5. Place the tissue paper rectangle into the paper plate (seed side out) and secure it with tape. Trim off excess edges to create a watermelon slice.



### Important Dates To Remember

**Friday,  
June 16, 2017**

**Father's Day  
Root Beer Floats**

### Super Supper

**Wednesday,  
June 21, 2017**

**Chicken & Black  
Bean Enchilada  
Casserole with  
Fruit.**

**Feeds 1 adult & 2  
children.**

**\$5.00 each**

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**Mission:**  
 The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

**Vision:**  
 The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

*Winter Park Day Nursery is a 501 (c)(3) tax exempt organization.*