



Ten Ways to Show Your Child Love Today

Author: One Tough Job

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You don't need a special occasion such as a birthday or holiday to show your love to your family. Everyday gestures such as a thoughtful note or a simple "I love you" are powerful ways to show your children how much you care and how much they mean to you.

Here are 10 easy ways to show your love today:

1. Write your child a love letter.

Write down a few of the reasons why you love your child and why you think he or she is special. Mail this letter to your child.

2. Surprise them:

Skip afternoon activities one day and take your child on an adventure. You can take him or her ice skating, to the beach, or even take a walk in the park.

3. Read him or her one more story:

Say yes when your child asks for another story, even when you are tired. He or she will love the extra attention.

4. Frame a favorite picture:

Print out a favorite picture of your child and write a note on the back of the photo describing why it is your favorite. Give him or her this photo to keep in their room.

5. Tell your child your favorite memory of him or her:

Tell your child a positive memory you have of him or her. It could be when you first met, the story of his or her birth, or any other special moment.

6. Multiply the affection:

Give your child a dozen hugs, tell him or her you love them twenty-five times, or give them a hundred kisses. Your child will love the silliness of the amount and he or she will enjoy the time you spent together.

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Please check Brightwheel every day. There is important information there! Also, make sure your child always has a change of clothes and/or diapers/pull-ups, if necessary. Thank You!

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Caterpillars/Buttercup Butterflies



February is Black History Month and a Month of Love celebrating Valentine's Day. Our babies will be doing lots of art projects celebrating Black History Month and will be reading and learning about diversity. Plus, preparing for Valentine Day with some surprises for their parents.

- Meme, Ms. Graciela & Ms. Cynthia

Pixie Butterflies

Happy New Year families! For the month of January, we are creating our Shapes book. We will be doing a variety of learning activities that will include all of the different shapes.

- Ms. Tiara & Ms. Megan K.



Elf Butterflies



Happy February Elf Families. We are finished with our Reduce, Reuse, and Recycle study. We are moving onto learning about trees. Through this study we will explore our natural outdoors environment. We are surrounded by trees at our school and within our community. The children will learn about different types of trees in the our local area, how trees form and what they need to survive. Their inner nature explorer will be enhanced this month.

-Ms. China & Ms. Keyanni

Julia Butterflies

Hello Julia butterfly families. This month we will finish the garden study and then start the bread study. During the bread study we will learn how to make bread, who makes bread, and what different types of bread there are. We look forward to a great month of February.

-Ms. Paige & Ms. Fallon





Ms. Fallon's 2 Year Anniversary— February 03
Ms. Megan M's Birthday— February 19
Ms. Brittany's Birthday—February 19
School Closed for Presidents Day—February 20

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7. Dance, sing and laugh:

Put on your favorite “oldie” and show your child your moves. It doesn't matter what song, he or she will enjoy the time you spend together.

8. Lunch box love:

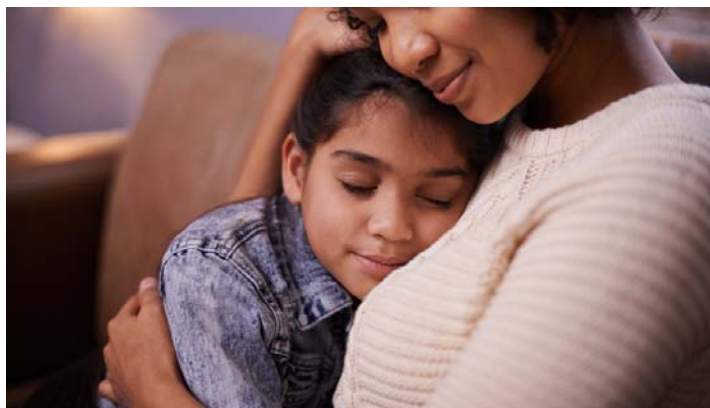
Write a silly poem or the lyrics to a song that reminds you of your child and hide it in his or her lunchbox. Your child will smile and feel loved even when you are apart. If your child doesn't pack a lunch, then leave it in his or her backpack.

9. Throw out the rules sometimes:

Let your child play with every toy in his room, run in the rain, or play in the mud with him or her. Enjoy the beautiful, perfect moment's of life's mess.

10. Tell your child you love him or her everyday:

Simple but strong, saying “I love you” is an easy way to show your infinite Love to your child.



Conversation Heart Banner

Conversation hearts are a staple of Valentine's Day for people of all ages, and these colorful candies can provide a lot of inspiration for DIY projects! This unique DIY conversation heart banner made out of felt is the perfect, simple way to decorate for Valentine's Day this year.

Materials Needed:

- Felt, various colors
- Fabric Glue
- Fabric Paint
- Scissors
- String



Instructions:

Step 1: Fold a piece of felt in half

Step 2: Use a template or free- hand drawing a heart about 4 inches wide and cut it so you have two identical pieces

Step 3: Repeat with all desired colors, using the same template for all.

Step 4: Lay out the hearts in the desired color pattern and separate the tops/ bottoms.

Step 5: Draw a line of glue Through the middle of the row and press the string on top if it

Step 6: Add additional glue around the edges of the heart and sandwich the other piece on top.

Step 7: Use the paint to write unique conversation heart sayings on each heart and set aside to dry overnight.

FEBRUARY

Super Supper

Chili w/ Corn Bread
Pick-up day is Thursday, February 9th.
\$5.00 each

Chicken Pot Pie w/ Peaches
Pick-up day is Thursday, February 23rd.
\$5.00 each

Payment is due before pick-up.

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EXCELLENCE IN EARLY EDUCATION

Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

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