



EVERY MOMENT IS A TEACHABLE MOMENT

By: The Children's Movement of Florida

It can be hard to unplug when we have all the information in the world at our fingertips. Like us, our kids have learned to lose themselves in digital distraction.

It's easy for us adults to recognize our children's dependence on electronics, but can we change our own behavior first? How do we model responsible screen time for our kids? Here are some tips to help your family drop the devices and stay connected IRL. Good luck!

Get Connected by Disconnecting

1. Set limits to your child's screen time and put your own phone down at the same time. Encourage reading, board games, and outdoor play. This will help them develop a well-rounded routine.
2. Turn off televisions and put aside phones during mealtimes. Sitting together as a family without distraction helps generate conversation and build a genuine connection with your children.
3. Get outside! Digital images can't compare to nature's spectacular resolution. Get some fresh air with your family by having a picnic, going to the beach, or talking a walk through your neighborhood.
4. If you're feeling adventurous and brave, spend some weekend time device-free. There might be some resistance, but when kids see that you are engaged and enjoying time with them, they'll forget about their devices. Promise!
5. It's not just our children! We need to learn to unplug while we are at home or with our families. Be in the moment, and make quality time with your children. Grab the phone AFTER they go to sleep.

December 2019

Main Article	1
Caterpillars/ Buttercup Butterflies	2
Pixie Butterflies	2
Elf Butterflies	2
Julia Butterflies	2
Upcoming Important Dates	3
Pinecone Reindeer	4

Please check your child's folder & Brightwheel every day. There is important information there! Also, make sure your child always has a change of clothes and diapers/pull-ups, if necessary. Thank You!

Caterpillars/Buttercup Butterflies



We will be exploring the sights and sounds of the holiday season by decorating our toddler-safe tree, painting silk poinsettias, and feeling & smelling spruce needles. We are working on special surprises for our families that you will receive at our holiday program on December 20th!

-Ms. Stacey, Ms. Shay, & Ms. Natalie

Pixie Butterflies

Dear parents, it is already December, a joyful month! We have a lot of activities going on, including our holiday program that will take place on December 20th with the first show at 4:30 p.m. and second show at 5:00 p.m. Each class will perform a holiday song for their families. We are also going to talk about the different holidays and traditions that we celebrate during this time of year. Happy Holidays!

- Ms. Maria & Ms. Vanessa



Elf Butterflies



Our Elf class had a great study on the subject of buildings and are now being introduced to the subject of balls. For this curriculum, students were engaged & learned on how balls bounce, their shapes, and practicing their fine motor skills of drawing circles as well as other shapes and letters. Please provide warm clothing for your child and be sure to check your child's folder daily.

-Mr. Steven & Ms. Jessica

Julia Butterflies

We are so excited for December! This month we look forward to our holiday program that is on December 20th. We will also be finishing our study about pets and starting a new study. Don't forget to check your child's file and Brightwheel daily.

-Ms. Paige & Ms. Vicky





#GivingTuesday– December 3rd

Ms. Yulissa's Birthday– December 5th

Ms. Amy's 8th Work Anniversary– December 7th

WPDN's Holiday Program- December 20th

Ms. Paige's Birthday– December 21st

WPDN is Closed for Christmas– December 25th, 26th & 27th

Ms. Heather's Birthday– December 27th

WPDN is Closed for New Year's Day– January 1st

so very
THANKFUL

Winter Park Day Nursery is grateful to have you as a part of our school family. We hope everyone has a happy holiday season!

Pinecone Reindeer www.onelittleproject.com

Make a big batch of these silly little reindeer this season and attach them to gifts or maybe a gift card! Here's what you'll need:

- ♦ Pinecones, Twigs, Hot Glue Gun
- ♦ Googly Eyes, Red Pom-Poms, Red Ribbon, Brown Felt

1. Attach the pom-pom to the end of the pinecone with a dot of hot glue. Now, cut two ear shapes out of brown felt. If desired, you can cut smaller shapes out of a lighter color of brown to add to the inside of the ears.
2. Next, glue the light brown shapes on top of the ears. Then, pinch the bottoms of the ears together.
3. Glue the pinched section together with a dot of hot glue.
4. Attach the ears to the pinecone with more hot glue.
5. Add some eyes in between the ears and nose and attach the twigs for the antlers as well. Lastly, glue on a loop of ribbon to the back.



WPDN will be closed on the following days:

Wednesday,
December
25th,
Thursday,
December
26th
& Friday,
December
27th in
observation of
Christmas

Wednesday,
January 1st in
observation of
New Years Day

Please
schedule
accordingly.

741 S. Pennsylvania Avenue
Winter Park, FL 32789
Phone: 407.647.0505
reception@wpdaynursery.org



Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.

Winter Park Day Nursery is a 501 (c)(3) tax exempt organization.