

7. Flash Mob: Teach kids the basics of salsa dancing, the tango, or any trending (or formerly trending) dance routine (using YouTube for tutorials). Then pull up one of your favorite songs and get them to choreograph their own dance, using what they’ve learned. Let them be your teachers. Film the finished product for a fun laugh later! Great for nannies to show the parents at the end of the day as well.



Super Supper



Super Supper!!

Teacher Appreciation
Week!
May 5th–9th

Mother's Day Tea
May 9, 2014
4p–5p

Orange Blossom
Jubilee
May 31, 2014
6:30–10:00 PM

VPK Graduation
June 3, 2014
6:30pm
Winter Park High
9th Grade Center

741 S. Pennsylvania Ave.
Winter Park, FL 32789
Phone: 407.647.0505
Fax: 407.647.0518
reception@winterparkdaynursery.



EXCELLENCE IN EARLY EDUCATION



Mission:

The Winter Park Day Nursery provides a secure, nurturing and educational environment that is affordable and supports family diversity.

Vision:

The Winter Park Day Nursery will build a stronger community by providing high-quality, affordable early childhood education that will prepare our children to succeed in school and life.



FUN Times at WPDN

7 Fun Ways to Get Exercise on Indoor Days

From Positive Parenting Solutions

With the weather turning and sniffles coming, there’s bound to be some indoor play in your future. But kids staying cooped up all day can create chaos of a different kind. We all know they need to exercise and release energy (preschoolers need 90-120 minutes a day), no matter what the elements are doing outside.

Here are some fun, creative ways to exert energy indoors. This will challenge their minds and bodies – and make them tired enough for bedtime.

- 1. Disco Dancers:** A classic game of freeze dance never gets old. Combine with playing freeze dance tag or dimming the lights and giving kids flashlights and you’ll have kids sweating to the oldies in no time.
- 2. Mom the Mummy:** Decorate Mom or Nanny as a Mummy! Kids get a roll of toilet paper and have to wrap the adult up from head-to-toe. Once done, each kid gets a turn getting wrapped. Once you have your Mummy Family, you can do Mummy Walks and dances. Honestly, the jumping around with excitement as kids toilet paper each other will release a ton of energy. And then, there’s always the toilet paper clean-up!
- 3. Sound Stage:** Get out the microphones and put on your own mini production of American Idol. Better yet: take out props such as boas, a pirate’s hat, paper bags and paper towel rolls, and get each kid to create their own skit from the props. Each person gets 5 minutes on stage. Ready. Set. Go!
- 4. The Limbo:** Another classic oldie but goodie. And considering most kids haven’t been to a ’90s wedding – or on spring break – they’ll love seeing how low they can go! Make sure to incorporate a conga line to boost the energy and excitement.
- 5. Mini Car Wash:** Taking turns playing car and scrubbers, set yourselves up as a human-tunnel, and let the kid-car go through. Carefully bounce him around, “scrubbing” with tickles or small pillows, until he makes his way through. This game needs at least three people.
- 6. Indoor Obstacle Course:** Create a route for kids to go through the house, jumping over things, rolling through rooms, leaping from cushion to cushion. Use items like paper plates, throw pillows, padded chairs as the “obstacles” and time each kid. Let each kid try to race their own best time.

Continued on Page 4

Please check your student folder every day, there you will find important information! Also, make sure your child always has a change of clothes, and diapers. Thank You!

April 2014

Special points of Interest

- 7 Ways to Get Exercise on Indoor Days
- Calendar
- Super Supper
- Classroom updates

Pixie Butterflies	2
Buttercup & Monarch Butterflies	2
Julia Butterflies	2
Elf Butterflies	2
Blue Wave Butterflies	3
Calendar	4
Continued article	4

Pixie Butterflies

~Ms. Stacey & Ms. Taylor

This Month, we'll be focusing on our alphabet. From reading fun books such as "Chicka Chicka Boom Boom" to making alphabet soup, we're exploring the world of letters. Letters can be worlds of fun!

Ms. Stacey & Ms. Taylor



Julia & Buttercup Butterflies

~Ms. Jinger & Ms. Paige



Hello Julia and Buttercup Friends and Family!

Graduation is right around the corner! We have truly enjoyed spending time teaching your children. We look forward to preparing for all the fun that graduation holds!

Ms. Paige and Ms. Jinger

Monarch Butterflies

~ Ms. Wendy

The last day of VPK is Wednesday, June 4th. Our VPK graduation day is Tuesday night, June 3rd, at 6:30 p.m. We will be practicing during the month of May for a very special performance filled with songs, poems, awards and many precious photo opportunities. It has been a year filled with learning, friendship, tears, laughter and loads of fun memories. During this past month, Officer Gonzales has been visiting weekly and educating us about stranger danger and safety. We also had the Philharmonic Orchestra visit and we danced and learned about rhythm and played the drums. We will continue to review this month and get all those VPK graduates ready for kindergarten! Thank you for a special year! Best of luck to all our future kindergarteners!!!

Ms. Wendy



Elf Butterflies

~Ms. Kenya & Ms. Bethany



Now that we have reached the end of our alphabet, the Elf Butterflies will focus on learning our numbers and writing our first names. We will also be preparing for summer and would like to remind our parents to bring in our summer clothes and take home our winter clothes.

Ms. Kenya & Ms. Bethany

Blue Wave Butterflies

~Ms. Giselle



Hello Blue Wave Family,
We have finished learning about all the letters in the alphabet, although we will still continue to review them. We are continuing to practice writing our names, and we are doing great with writing! We are very excited about Mother's Day, and anxious to give our Moms their gifts we are making for them!

Ms. Giselle

Educator Spotlight

Miss Giselle

Giselle started working with children right after she graduated high school. She has been an educator for 8 1/2 years. In addition to working as a childcare professional, she also earned her Estheticians License at the Florida College of Natural Health.

"Teaching children is definitely my passion. I think it just runs in my genes. Both my mother and my grandmother worked as childcare professionals, and I gladly followed in their footsteps."

Director of Education, Tammy Surrine'